## I have cardiomyopathy

This card tells you about my condition, its management and who to contact in an emergency

My name:
My address:
My date of birth: / /
My emergency contact (name/mobile):
My cardiologist (name/hospital):
My nurse (name/contact):
My GP (name/surgery):

Date: / /

## **Cardiomyopathy UK**

Helpline: 0800 018 1024

Email: contact@cardiomyopathy.org

Address: 75a Woodside Road

Amersham
Bucks HP6 6AA

www.cardiomyopathy.org

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My cardiomyopathy
My cardiomyopathy is:
What this means:
The symptoms I have are:
My medication I take the following:
I take an anticoagulant:
(Please see my anticoagulation card)
I have a medical device
I have a pacemaker (including CRT or cardiac resynchronisation therapy device) - this sets the pace of the heart.
I have an ICD (implantable cardioverter defibrillator, including S-ICD) - this monitors and shocks the heart if a dangerous rhythm is detected (Please see my device identification card)
I do not have a device
<b>Important information</b> Use this space for any additional information.

You may want to carry a copy of your test results, such as a recent ECG showing your normal rhythm.